

## Signature Breakfast Items

**Timbale of Scrambled Eggs** \$7  
Two organic eggs cooked slowly for a perfect, creamy texture. Served with toast and coffee/tea

**Holly's Oatmeal – Cup/Bowl** \$5/\$6  
We've tasted numerous oatmeals: this is excellent! Wicked plain, cranberry almond, or goji berries. Also, gluten free – plain or cranberry almond

**Parfait** \$7  
Layers of seasonal fresh fruit, Greek yogurt, and granola – lovely to look at, and a great way to start your day

**Classic Banana Smoothie** \$4.5  
Pure fruit, yogurt, and a dash of honey

**Warm Scone with Clotted Cream & Jam** \$4



## Hot & Cold Cereal

**Porridge – Cup/Bowl** \$4/\$5  
Served with warm milk, honey or brown sugar, raisins or dried cranberries

**Vermont Morning Multigrain Hot Cereal – Cup/Bowl** \$5/\$6  
Served with warm milk – a great tasting & healthy start to your day

**Muesli** \$5  
A favorite cereal breakfast in Europe; healthy and nourishing, loaded with fiber from fruit & nuts. Served with yogurt and honey

**Cheerios** \$1.5  
Served with banana

**Tabbouleh Fruit Salad** \$5.5  
Salad of grains and fresh fruits – a refreshing change of taste for breakfast

All hot cereals served with hot milk, raisins, cranberries, brown sugar, and local honey.

Please check the beverage menu for our many selections, including coffee in bottomless cups and tea in a pot for one.

## Hearty Breakfasts

**Organic Eggs** \$6/\$7  
Two/three eggs served as you wish with toast and coffee/tea

**Three Egg Omelette** \$9.5  
Artisan cheese & mushroom, served with toast and coffee/tea

**Eggbeaters** \$6  
Two-egg serving with toast and coffee/tea

**Full Irish Breakfast** \$13  
Two eggs over easy, rasher, sausage, tomato, beans, mushrooms, white & black pudding, toast & coffee/tea

**French Toast** \$7.5  
Hearty country bread, brioche, or cinnamon raisin each dipped in a delectable mix of eggs, milk & cinnamon. All served with pure maple syrup.

**Pancakes** \$6.5  
Light and luscious: Classic; Buckwheat (gluten free); Dairy Free (Soya based). All made full-sized or silver dollar size; served with pure maple syrup.

**Fresh Fruit Salad** \$6  
Combination of fruits in season

**Accompaniments**

Bacon/Canadian bacon/Rasher	\$3
Sausage/Ham	\$3
Smoked salmon	\$4
Kippers	\$3
Slow-roasted tomato	\$3
Sauteed mushrooms	\$2
Homemade applesauce	\$2
Beans	\$2
Breakfast potato	\$3
Yogurt	\$4



## Pastries

Croissant	\$3
Pain au Chocolat	\$2.5
Scone	\$3
Brioche	\$2.5
Danish	\$3
Prairie Muffin	\$1.5
Toast	\$1.5
Tartine	\$4

<http://www.bluroosterbakery.com>